

## Way To Play!

Like the other mind challenges, you need to defend your position on the question given and your response. You gain a point if the other player approves of your response. Otherwise, see how well you can respond to these questions mentally. Surprise yourself! Enjoy!

Please be advised that the Statements made on this website have not been formally reviewed by the Food and Drug Administration not the Center for Disease Control.

Enjoy!

### Mind Challenge #11- Memory Joggers (Keep Your Mind Fit) – Part 1

Begin here:

1. What is the last letter of the alphabet?
2. When was World War I?
3. What is the 4<sup>th</sup> number in the integer number system beginning with -1?
4. What word is formed when “pot” is spelled backwards?
5. What is the first thing you did this morning (try to recall if you don’t remember. This is good to keep mentally sharp)?
6. What is the fifth letter of the alphabet?
7. Where do you live? (if you struggle with this question, please, please, please, please seek medical attention immediately – we care about you)
8. What is one of the Wonders of the World?
9. Which is the furthest distance from your present location: the local pizza shop or the local nursery?
10. Is a blanket the same as a comforter?
11. Is thread the same as yarn?
12. Where is your right foot in connection with your left foot?
13. How many times is it necessary to go to the bathroom in an eight-hour period if you are a woman?
14. How many times is it necessary to go to the bathroom in an eight-hour period if you are a man?
15. How many schools did you attend in your youth or in your life?